

BIGWOOD BREAD

BREAKFAST

8AM – 11:30AM

BREAKFAST SCRAMBLE	\$13.99	BREAKFAST SANDWICH	\$12.49
Scrambled eggs atop breakfast potatoes with applewood smoked bacon, sauteed spinach, red onion, diced tomatoes, cheddar cheese and your choice of BWB toast		Scrambled eggs, cheddar cheese, choice of applewood smoked bacon, HM sausage, or ham on your choice of BWB toast and served with breakfast potatoes • Add avocado \$2.49	
SUN VALLEY BREAKFAST	\$12.49	BREAKFAST BURRITO	\$12.49
Three eggs your style with breakfast potatoes, served with choice of BWB toast • Add applewood smoked bacon, HM sausage, chorizo or ham \$2.99		Scrambled eggs, cheddar cheese, diced tomatoes and green onion with choice of applewood smoked bacon, HM sausage, chorizo or ham wrapped in a warm flour tortilla and served with breakfast potatoes and fresh salsa • Add avocado \$2.49, <i>GF tortilla</i> \$1.25	
THE BIG BREAKFAST	\$15.99	OMELET YOUR WAY	\$15.99
Three eggs your style, breakfast potatoes, buttermilk pancake and your choice of applewood smoked bacon, HM sausage, chorizo or ham		Served with breakfast potatoes and your choice of BWB toast. Choice of ONE meat: applewood smoked bacon, HM sausage, chorizo or ham. Choice of veggies: red onion, red pepper, green pepper, mushroom, diced tomato or spinach. Choice of cheese: cheddar, mozzarella, Swiss or American	
CHILAQUILES GF	\$14.99	SOURDOUGH FRENCH TOAST	\$12.99
Two eggs your style served atop seasoned corn tortilla strips and smothered in tomatillo sauce topped with diced red onion, queso fresco, fresh cilantro, sliced avocado and drizzled with crema • Add <i>carne asada</i> \$2.99		Our famous BWB sourdough bread soaked in HM custard and cooked to perfection, topped with sliced strawberries and dusted with powdered sugar. Served with whipped butter and maple syrup	
GALENA BOWL	\$13.99	BUTTERMILK PANCAKES	\$11.99 / \$12.99
Two eggs your style atop fried potatoes with sauteed shaved Brussels sprouts, kale, onion, red peppers and farro • Add applewood smoked bacon, HM sausage, chorizo or ham \$2.99		Served with whipped butter and maple syrup	
KETO HUEVOS RANCHEROS GF	\$14.99	BAGEL WITH LOX & CREAM CHEESE	\$16.99
Three eggs scrambled with choice of applewood smoked bacon, HM sausage, chorizo or ham with sauteed onion and red peppers topped with sliced avocado, queso fresco and fresh cilantro		Toasted BWB bagel of choice with lox, cream cheese, red onions and capers	
AVOCADO TOAST	\$12.99	BOWL OF STEEL-CUT OATS	\$8.99
BWB multigrain toasted and topped with smashed and sliced avocado, arugula tossed in HM lemon vinaigrette and topped with diced tomatoes and diced cucumbers and seasoned with our HM lemon pepper seed mix • Add an egg \$1.99, bacon \$2.99, lox \$7.99		Steel-cut oats served with BWB oats & nuts granola	
		GRANOLA & YOGURT BOWL	\$9.99
		Our BWB oats & nuts granola layered with vanilla yogurt and seasonal berries	

LUNCH

11:30AM – 2:30PM

BOWLS

FRESH BOWL GF	\$15.99
Choice of HM seasoned diced chicken, HM <i>carne asada</i> , chorizo or tofu with citrus rice, black beans, diced tomatoes, jicama, queso fresco, fresh cilantro, avocado, seasoned corn tortilla strips and fresh lime wedges atop romaine lettuce. Served with HM cilantro lime dressing	
CALI BOWL GF	\$15.99
HM seasoned diced chicken, riced cauliflower, quinoa, arugula, black beans, roasted corn, queso fresco, diced tomatoes, green onions, sliced avocado, fresh cilantro and lime wedge drizzled with HM cilantro lime dressing	

BRUSSELS BOWL GF	\$15.99
HM seasoned diced chicken, sauteed shaved Brussels sprouts, kale, sweet potatoes and quinoa topped with seasoned pumpkin seeds, dried cranberries and goat cheese	

SPECIALTIES

CHEESEBURGER	\$15.99
Ground chuck beef patty with shredded lettuce, tomato, red onion, burger sauce and choice of cheddar, provolone, Swiss, gruyère or American cheese on our BWB Idaho potato bun and served with fries • Add bacon \$2.99	
STREET TACOS GF	\$14.99
Three street-style tacos served with choice of seasoned diced chicken, house-grilled <i>carne asada</i> , chorizo or tofu on warm corn tortillas garnished with red onions, fresh cilantro and drizzled with cilantro lime. Served with citrus rice, refried beans, fresh lime wedges and HM fresh salsa	
BIGWOOD BURRITO	\$14.99
A large flour tortilla filled with your choice of seasoned diced chicken, house-grilled <i>carne asada</i> , chorizo or tofu, Mexican rice, black beans, cheddar cheese, lettuce, diced tomatoes and avocado. Served with HM fresh salsa and sour cream on the side	
QUESADILLA	\$13.99
Flour tortilla filled with cheddar and mozzarella cheeses, seasoned diced chicken, corn salsa (corn, green onion, roasted red pepper mix) and avocado. Served with HM fresh salsa and sour cream on the side • <i>GF tortilla</i> \$1.25	



Bread Choices
Sourdough, Honey Wheat,
Vita-Grain, Mountain Rye

LUNCH CONT'D

11:30AM – 2:30PM

SANDWICHES

All sandwiches served with choice of **HM** apple coleslaw or potato salad unless otherwise stated

COLD

ROAST TURKEY

Ovengold® Roasted Turkey Breast with Swiss cheese, cranberry chutney, lettuce, tomato, mayonnaise and Dijon mustard on **BWB** bread of choice

BIGWOOD BLT

Applewood smoked bacon, lettuce, tomato and mayonnaise on **BWB** bread of choice · Add avocado \$2.49

CLASSIC CLUB

Ovengold® Roasted Turkey Breast, black forest ham, provolone cheese and mayonnaise on the bottom with bacon, lettuce and tomato on the top layer. Served on **BWB** bread of choice · Add Avocado \$2.49

ITALIAN SANDO

Salami and mortadella meats with provolone cheese, tomato, red onion, lettuce, **HM** Italian peppers, mayonnaise and Dijon mustard on a **BWB** demi baguette · Add avocado \$2.49

CHICKEN SALAD

HM chicken salad, lettuce, tomato and mayonnaise on **BWB** bread of choice

EGG SALAD

HM egg salad, lettuce tomato and Dijon mustard on **BWB** bread of choice

TUNA SALAD

HM tuna salad, Swiss cheese, lettuce, tomato, mayonnaise and Dijon mustard on **BWB** bread of choice

\$13.99

BIGWOOD REUBEN

Thinly sliced pastrami, Swiss cheese, sauerkraut and **HM** creamy Russian dressing on **BWB** rye bread

\$14.99

TOMATO, BASIL AND MOZZARELLA PANINI

Fresh sliced tomato, basil and fresh mozzarella with basil pesto and balsamic vinegar reduction on **BWB** focaccia · Add chicken \$4.49

\$13.99

HAM AND GRUYERE

Black forest ham, gruyère cheese, mayonnaise, Dijon mustard and mornay sauce on **BWB** bread of choice

\$14.99

SOUTHERN FRIED CHICKEN

Fried chicken breast with melted provolone cheese, **HM** honey sriracha sauce, shaved pickles, shredded cabbage, tomato, and mayonnaise on our **BWB** Idaho potato bun served with fries

\$15.99

THE BEAST

Half-pound grilled pastrami, melted Swiss cheese, fried onion strips, fresh cilantro, shredded pickles and chipotle mayonnaise on a **BWB** baguette served with fries

\$16.99

BBQ PIT BEEF

Pit-smoked beef thinly sliced and mixed with our **HM** BBQ sauce and topped with American cheese, grilled onion and bacon with mayonnaise on our **BWB** Idaho potato bun. Served with fries

\$16.99

GRILLED CHICKEN PANINI

Grilled chicken, Swiss cheese, lettuce, tomatoes, red onion and mayonnaise on **BWB** bread of choice

\$14.99

BW GRILLED CHEESE

Cheddar and American cheeses melted to perfection with sliced tomato and bacon on **BWB** sourdough · Add Avocado \$2.49

\$13.99

SALADS

HM dressing choices: Ranch, Balsamic Vinaigrette, Honey Sesame, Apricot Vinaigrette, Cilantro Lime, Lemon Vinaigrette, Chipotle Ranch.

Substitute chicken with tofu · seasoned salmon \$7.99

CILANTRO LIME | GF

Grilled chicken, romaine lettuce, **HM** corn salsa (corn, green onion, red pepper mix), jicama, queso fresco, avocado and **HM** seasoned corn tortilla strips dressed with **HM** cilantro lime dressing

\$15.99

COBB | GF

Romaine lettuce, chopped grilled chicken, diced tomatoes, hard boiled egg, bacon and bleu cheese crumbles with choice of dressing

\$15.99

ASIAN CHICKEN

Grilled chicken, romaine lettuce, green cabbage, green onion, mandarin oranges, carrots, diced almonds and fried won-tons dressed with **HM** honey sesame dressing

\$15.99

KALE QUINOA | GF

Kale, quinoa, roasted golden beets, seasoned pumpkin seeds and dried currants tossed in **HM** apricot vinaigrette · Add tofu \$4.49, grilled chicken \$4.49, seasoned salmon \$7.99

\$14.99

EAST AVE ARUGULA | GF

HM seasoned diced chicken, arugula, sweet potatoes, candied pecans, goat cheese and chopped bacon dressed with **HM** balsamic dressing

\$15.99

SPICY THAI

Linguine noodles with marinated chicken, Napa cabbage, red cabbage, red peppers, cilantro, peanuts and sesame seeds tossed in our **HM** spicy Thai dressing and topped with crispy won-tons **NOTE: This item cannot be modified**

\$15.99

GF — Ingredients in this item are gluten free however items are prepared in a non-gluten-free environment

All menu items are prepared daily by our chefs in house.

Consuming raw or undercooked meats, poultry, seafood shellfish or eggs may increase your risk of food-borne illness, especially if you have a medical condition.