

BREAKFAST

8AM - 11:30AM

MEAT CHOICES: applewood smoked bacon, housemade sausage, chorizo, Black Forest ham FRESH BREAD CHOICES: Sourdough, Honey Wheat, Vita-Grain, Mountain Rye

BREAKFAST SCRAMBLE

\$13.99 TH

\$11.99

\$14.99

\$14.99

\$13.99

\$13.99

\$13.99

\$14.99

Three scrambled eggs on top of roasted potatoes with applewood smoked bacon, sautéed spinach, onions, diced tomatoes, and cheddar cheese served with toast of choice

THE SUN VALLEY BREAKFAST

Three eggs your style with hash browns served with toast of choice \cdot add choice of meat \$2.99

THE BIG BREAKFAST

Three eggs your style, hash browns, buttermilk pancake, and your choice of meat

CARLITA'S CHORIZO MIGAS | * \$14.99

Two eggs your style, crispy corn tortilla strips tossed in warm tomatillo sauce with chorizo, roasted corn, red onion, black beans, avocado, and queso fresco drizzled with crema

CHILAQUILES | *

Two eggs your style served atop corn tortilla chips, smothered in tomatillo sauce, topped with queso fresco, diced red onion, and fresh cilantro · add avocado \$2.49

IDA-BOWL

Two eggs your style with crispy sweet potatoes sautéed with red onion, farro, Brussels sprouts, riced cauliflower and arugula · *add avocado* \$2.49

GALENA BOWL

Two eggs your style atop roasted potatoes with sautéed shaved Brussels sprouts, kale, onion, red peppers, and farro · add choice of meat \$2.99

BALDY POWER BOWL | *

Two eggs your style atop kale, quinoa, fresh mozzarella, corn salsa (corn, green onion, and roasted red pepper

mix), drizzled with pesto \cdot add choice of meat \$2.99

KETO HUEVOS RANCHEROS | *

Two eggs scrambled with choice of chorizo, bacon or sausage with sautéed onions and red peppers topped with avocado, queso fresco and fresh cilantro

AVOCADO TOAST

\$11.99

Toasted BWB Multigrain topped with smashed avocado, arugula, diced tomatoes, diced cucumbers and sliced avocado, topped with lemon vinaigrette. Seasoned with our house lemon pepper seed mix \cdot add lox \$7.49 \cdot add an egg \$1.99

THE NORTHWOOD | *

Open faced omelet, tomatillo sauce, ground chorizo, diced tomato, red onion, ranchero cheese, crema & avocado

OMELET YOUR WAY

Choice of one MEAT: ham, bacon, chorizo or sausage; Choice of VEGGIES: red onion, red pepper, green pepper, mushroom, diced tomato, or spinach; Choice of CHEESE: cheddar, mozzarella or swiss; served with hash browns and toast of choice

BUTTERMILK PANCAKES

Served with whipped butter and maple syrup

SOURDOUGH FRENCH TOAST

\$12.99

\$11.99

\$11.99

\$10.99 / \$11.99

\$14.99

\$15.49

Our famous sourdough bread soaked in our housemade custard, topped with fresh berries and powdered sugar

BREAKFAST BURRITO

Scrambled eggs, cheddar cheese, tomatoes, green onion, and choice of ham, bacon, chorizo, or sausage rolled in a warm flour tortilla served with roasted potatoes \cdot *GF Tortilla* \$1.99

BREAKFAST SANDWICH

Scrambled eggs, cheddar cheese with choice of ham, bacon, or sausage on bread of your choice served with roasted potatoes

BAGEL WITH LOX & CREAM CHEESE	\$16.99
Served with red onions and capers	
BOWL OF STEEL-CUT OATS Served with BWB oats and nuts granola	\$8.99
GRANOLA & YOGURT BOWL Our BWB oats and nuts granola layered with vanilla vogurt and seasonal berries	\$9.99

BOWLS

11:30AM - 2:30PM

BIGWOOD FRESH BOWL | *

\$15.99

Choice of seasoned grilled chicken, house grilled carne asada, chorizo or tofu, citrus rice, black beans, diced tomatoes, jicama, queso fresco, fresh cilantro, avocado, corn tortilla strips, and fresh lime wedges atop lettuce served with cilantro lime dressing

CALI BOWL | *

HOUSE FAVORITES

11:30AM - 2:30PM

CHEESEBURGER

\$15.99

\$14.99

Ground chuck beef patty with shredded lettuce, tomato, red onion, burger sauce, and choice of cheddar, provolone, swiss, or gruyère served with French fries · add bacon \$2.49

BIGWOOD STREET TACOS | *

Three street-style tacos served with choice of seasoned grilled chicken, house-grilled carne asada, chorizo, or tofu on warm corn tortillas garnished with red onions, fresh cilantro, and cilantro lime drizzle served with citrus rice, refried beans, and fresh lime wedges

GRILLED CHICKEN QUESADILLA

\$12.99

Flour tortilla filled with cheddar and mozzarella cheeses, grilled chicken, corn salsa (corn, green onion, and roasted red pepper mix), and avocado served with salsa and sour cream on the side \cdot *GF Tortilla* \$1.99 Seasoned diced chicken, riced cauliflower, quinoa, arugula, black beans, roasted corn, queso fresco, tomatoes, green onion, sliced avocado, fresh cilantro, and lime wedge drizzled with cilantro lime dressing

BRUSSELS BOWL | *

\$15.99

Seasoned diced chicken, sautéed shaved Brussels sprouts, kale, crispy sweet potatoes, and quinoa topped with seasoned pumpkin seeds, dried cranberries and goat cheese

SAWTOOTH BOWL | *

\$13.99

Kale, quinoa, avocado, shredded carrots, and edamame tossed in balsamic vinaigrette and drizzled with red pepper hummus · Make it a wrap · GF Tortilla \$1.99 · add tofu \$4.49 · add grilled chicken \$4.49 · add seasoned salmon \$7.99

KETCHUM BOWL

\$13.99

Spinach, farro, queso fresco, roasted red peppers, green onion, roasted corn, and avocado drizzled with cilantro lime dressing · Make it a Wrap · GF Tortilla \$1.99 · add tofu \$4.49 · add grilled chicken \$4.49 · add seasoned salmon \$7.99

SANDWICHES

11:30AM - 2:30PM

All sandwiches are served w	vith choice of h	h, Honey Wheat, Vita-Grain, Mountain Rye nousemade apple coleslaw or potato salad side salad, cup of soup, or fresh fruit \$4.99	
SUN VALLEY SANDO Ovengold® Roasted Turkey Breast, provolone cheese,	\$13.99	CHICKEN SALAD BWB chicken salad, lettuce, tomato, and mayonnaise	\$13.49
sliced avocado, sliced tomatoes, lettuce, and chipotle sauce on a baguette · <i>add bacon \$2.49</i>		TUNA SALAD BWB tuna salad, swiss cheese, lettuce, tomato,	\$13.49
ROAST TURKEY Ovengold [®] Roasted Turkey Breast with swiss cheese, tomato, cranberry chutney, mayonnaise, and Dijon m		mayonnaise, and Dijon mustard EGG SALAD	\$12.99
BIGWOOD BLT	\$14.49	BWB's housemade egg salad, with lettuce, tomato, and Dijon mustard on BWB bread	
Applewood smoked bacon, lettuce, tomato, and mayonnaise · add avocado \$2.49 CLASSIC CLUB \$15.99 Ovengold® Roasted Turkey Breast, black forest ham, provolone cheese, and mayonnaise on the bottom layer with bacon, lettuce, and tomato on the top layer · add avocado \$2.49		CHOP CHOP SANDO Sliced salami, sliced provolone, shredded lettuce, diced tomatoes, sliced red onion, housemade Italian peppers, mayonnaise, and Dijon mustard on a country baguette · <i>add avocado</i> \$2.49	
PHILLY CHEESESTEAK Thinly sliced sirloin, sautéed onions, red peppers, green peppers, melted mozzarella, and provolone cheeses served with French fries on a baguette	\$16.99	HAM AND GRUYÈRE PANINI Black Forest ham, gruyère cheese, mayonnaise, Dijon mustard, and mornay sauce served with housemade apple coleslaw or potato salad	\$13.99
BIGWOOD REUBEN Thinly sliced pastrami, swiss cheese, sauerkraut, and BWB creamy Russian dressing on rye served with housemade apple coleslaw or potato salad	\$14.99	GRILLED CHICKEN PANINI Grilled chicken, swiss cheese, lettuce, tomatoes, red onion, and mayonnaise served with housemade apple coleslaw or potato salad	\$13.99
TOMATO, BASIL, AND MOZZARELLA PANINI Tomatoes, basil, and fresh mozzarella with pesto and vinegar reduction on focaccia served with housemac apple coleslaw or potato salad · <i>add grilled chicken</i> \$	le	THE BEAST Half-pound grilled pastrami, melted swiss cheese, friec onion strips, fresh cilantro, thinly sliced pickles, and chi mayonnaise served with French fries on a baguette	
SOUTHERN FRIED CHICKEN SANDWICH Fried chicken breast with provolone cheese, honey sriracha sauce, shaved pickles, shredded cabbage,	\$14.99	GROWN-UP GRILLED CHEESE Gouda cheese, tomatoes, arugula, mornay sauce, and avocado on BWB Vita-Grain bread. Served with housemade coleslaw or potato salad • <i>add bacon</i> \$2.49	\$13.99

SALADS

11:30AM – 2:30PM

Dressing Choices: Ranch, Balsamic Vinaigrette, Honey Sesame, Apricot Vinaigrette, Cilantro Lime, Lemon Vinaigrette, Chipotle Ranch Option to substitute chicken with tofu • Add seasoned salmon \$7.99

\$15.99

\$15.99

\$15.99

\$15.99

CILANTRO LIME SALAD | *

Grilled chicken, romaine lettuce, corn salsa (corn, green onion, and roasted red pepper mix), jicama, queso fresco, avocado, and corn tortilla strips dressed with cilantro lime dressing

EAST AVE ARUGULA | *

Seasoned diced chicken, arugula, crispy sweet

COBB SALAD | *

Romaine lettuce, chopped grilled chicken, diced tomatoes, hard-boiled egg, bacon, and bleu cheese crumbles with choice of dressing

KALE AND QUINOA SALAD | *

Kale, quinoa, roasted golden beets, seasoned pumpkin

\$15.99

\$14.99

potatoes, caramelized pecans, goat cheese, and chopped bacon dressed with balsamic dressing

ASIAN CHICKEN SALAD

Grilled chicken, romaine lettuce, green cabbage, green onion, mandarin oranges, carrots, diced almonds, and fried wontons dressed with honey sesame dressing

FRIED BBQ CHICKEN

Fried chicken bites tossed with our housemade BBQ sauce, romaine lettuce, cucumber, red onion, roasted corn, diced tomato, shredded mozzarella, black beans, sliced avocado, and thin sliced fried onions dressed with ranch dressing and drizzled with BBQ sauce

*****— Ingredients in this item are gluten free however items are prepared in a non-gluten-free environment

All menu items are prepared daily by our chefs in house. Consuming raw or undercooked meats, poultry, seafood shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition. seeds, and dried currants tossed with apricot vinaigrette dressing · add tofu or grilled chicken \$4.49 · add seasoned salmon \$7.99

SPICY THAI NOODLE SALAD

\$15.99

Linguine noodles with marinated chicken, Napa cabbage, red cabbage, red peppers, cilantro, peanuts, and sesame seeds tossed with our BWB Spicy Thai dressing and topped with crispy wontons **NOTE: This item cannot be modified**

SOUPS

11:30AM - 2:30PM

All soups are made daily with the freshest ingredients Served with daily fresh-baked bread

DAILY SOUP Cup \$5.99 / Bowl \$7.99 / Quart \$18.99

CHILI (winter)

Cup \$6.99 / Bowl \$8.99 / Quart \$19.99

BIGWOOD BREAD | OPEN DAILY | ORDER ONLINE | BIGWOODBREAD.COM