

BIGWOOD BREAD

BREAKFAST

8AM - 11:30AM

Meat Choices: Applewood Smoked Bacon, Housemade Sausage, Chorizo, Black Forest Ham
Fresh Bread Choices: Sourdough, Honey Wheat, Vita-Grain, Mountain Rye

BREAKFAST SCRAMBLE	\$13.99	THE NORTHWOOD *	\$14.49
Scrambled eggs on top of roasted potatoes with applewood smoked bacon, sautéed spinach, onions, diced tomatoes, and cheddar cheese served with toast of choice		Open faced omelet, tomatillo sauce, ground chorizo, diced tomato, red onion, ranchero cheese, crema & avocado	
THE SUN VALLEY BREAKFAST	\$11.49	OMELET YOUR WAY	\$14.99
Three eggs your style with hash browns served with toast of choice · <i>add choice of meat \$2.99</i>		Choice of one MEAT: ham, bacon, chorizo or sausage; Choice of VEGGIES: red onion, red pepper, green pepper, mushroom, diced tomato, spinach; CHEESE: cheddar, mozzarella or swiss; served with hash browns and toast of choice	
THE BIG BREAKFAST	\$14.49	BUTTERMILK PANCAKES	\$9.99 / \$11.49
Three eggs your style, hash browns, buttermilk pancake, and your choice of meat		Served with whipped butter and maple syrup	
CARLITA'S CHORIZO MIGAS *	\$13.99	OATMEAL BLUEBERRY PANCAKES	\$11.99 / \$13.49
Two eggs your style, crispy corn tortilla strips tossed in warm tomatillo sauce with chorizo, roasted corn, red onion, black beans, avocado, queso fresco, and drizzled with crema		Served with whipped butter and maple syrup	
CHILAQUILES *	\$14.49	SOURDOUGH FRENCH TOAST	\$12.99
Two eggs your style served atop corn tortilla chips, smothered in tomatillo sauce, topped with queso fresco, diced red onion, and fresh cilantro · <i>add avocado \$2.49</i>		Our famous sourdough bread soaked in our housemade custard, topped with fresh berries and powdered sugar	
IDA-BOWL	\$13.49	BREAKFAST BURRITO	\$10.99
Two eggs your style with crispy sweet potatoes sautéed with red onion, farro, brussels sprouts, riced cauliflower and arugula · <i>add avocado \$2.49</i>		Scrambled eggs, cheddar cheese, tomatoes, green onion, and choice of ham, bacon, chorizo or sausage rolled in a warm flour tortilla served with roasted potatoes (<i>GF Tortilla \$1.99</i>)	
GALENA BOWL	\$13.99	BREAKFAST SANDWICH	\$10.99
Two eggs your style atop roasted potatoes with sautéed shaved brussels sprouts, kale, onion, red peppers, and farro · <i>add choice of meat \$2.99</i>		Scrambled eggs, cheddar cheese with choice of ham, bacon, or sausage on bread of your choice served with roasted potatoes	
BALDY POWER BOWL *	\$13.49	BAGEL WITH LOX & CREAM CHEESE	\$16.99
Two eggs your style atop kale, quinoa, fresh mozzarella, corn salsa (corn, green onion, and roasted red pepper mix), drizzled with pesto · <i>add choice of meat \$2.99</i>		Served with red onions and capers	
KETO HUEVOS RANCHEROS *	\$14.49	BOWL OF STEEL-CUT OATS	\$8.99
Two eggs scrambled with choice of chorizo, bacon or sausage with sauteed onions and red peppers topped with avocado, queso fresco and fresh cilantro		Served with BWB granola	
AVOCADO TOAST	\$11.99	GRANOLA & YOGURT BOWL	\$7.99
Toasted BWB Multigrain topped with smashed avocado, arugula, diced tomatoes, diced cucumbers and sliced avocado, drizzled with lemon vinaigrette. Seasoned with our house lemon pepper seed mix · <i>add smoked Atlantic salmon \$6.99 · add an egg \$1.99</i>		Our housemade granola layered with vanilla yogurt and seasonal berries	

HOUSE FAVORITES

11:30AM - 2:30PM

CHEESEBURGER	\$14.99	BOWLS	
Ground chuck beef patty with shredded lettuce, tomato, red onion, burger sauce, and choice of cheddar, provolone, swiss, or gruyère · <i>add bacon \$2.49</i>		11:30AM - 2:30PM	
BIGWOOD STREET TACOS *	\$14.99	BIGWOOD FRESH BOWL *	\$15.99
Three street-style tacos served with choice of seasoned grilled chicken, house-grilled carne asada, chorizo, or tofu on warm corn tortillas garnished with red onions, fresh cilantro, and cilantro lime drizzle served with citrus rice, refried beans, and fresh lime wedges		Choice of seasoned grilled chicken, house grilled carne asada, chorizo or tofu, citrus rice, black beans, diced tomatoes, jicama, queso fresco, fresh cilantro, avocado, corn tortilla strips, and fresh lime wedges atop lettuce served with cilantro lime dressing	
GRILLED CHICKEN QUESADILLA	\$12.99	CALI BOWL *	\$14.99
Flour tortilla filled with cheddar and mozzarella cheeses, grilled chicken, corn salsa (corn, green onion, and roasted red pepper mix), and avocado served with salsa and sour cream on the side (<i>GF Tortilla \$1.99</i>)		Seasoned diced chicken, riced cauliflower, quinoa, arugula, black beans, roasted corn, queso fresco, tomatoes, green onion, sliced avocado, fresh cilantro and lime wedge drizzled with cilantro lime dressing	
		BRUSSELS BOWL *	\$14.49
		Seasoned diced chicken, sautéed shaved brussels sprouts, kale, crispy sweet potatoes and quinoa topped with pumpkin seeds, dried cranberries and goat cheese	
		KALE AND QUINOA BOWL *	\$12.99
		Kale, quinoa, avocado, hummus, carrots, and edamame tossed with balsamic vinaigrette · <i>Make it a Wrap · GF Tortilla \$1.99 · add tofu \$4.49 · add grilled chicken \$4.49 · add salmon \$6.99</i>	
		CILANTRO LIME BOWL	\$13.49
		Spinach, farro, queso fresco, roasted red peppers, green onion, roasted corn and avocado drizzled with cilantro lime dressing · <i>Make it a Wrap · GF Tortilla \$1.99 · add tofu \$4.49 · add grilled chicken \$4.49 · add salmon \$6.99</i>	

SANDWICHES

11:30AM – 2:30PM

OUR FRESH BREAD CHOICES: Sourdough, Honey Wheat, Vita-Grain, Mountain Rye

All sandwiches are served with choice of housemade apple coleslaw or potato salad

SUB: Chips 75¢ · French Fries \$2.49 · Side Salad, Cup of Soup or Fresh Fruit \$4.99

SUN VALLEY ROAST TURKEY Oven-Gold roast turkey, provolone cheese, sliced avocado, sliced tomatoes, lettuce and chipotle sauce on a country baguette · add bacon \$2.49	\$13.99	CHICKEN SALAD BWB chicken salad, lettuce, tomato, and mayonnaise	\$13.49
ROAST TURKEY Oven-gold roast turkey with swiss cheese, lettuce, tomato, cranberry chutney, mayonnaise, and dijon mustard	\$13.49	TUNA SALAD BWB tuna salad, swiss cheese, lettuce, tomato, mayonnaise, and dijon mustard	\$13.49
BIGWOOD BLT Applewood smoked bacon, lettuce, tomato, and mayonnaise · add avocado \$2.49	\$14.49	EGG SALAD BWB's homemade egg salad, with lettuce, tomato, kalamata olive cream cheese, and Dijon mustard on BWB bread	\$12.99
CLASSIC CLUB Oven-gold roast turkey, black forest ham, provolone cheese, and mayonnaise on the bottom layer with bacon, lettuce, and tomato on the top layer · add avocado \$2.49	\$14.99	CHOP CHOP SANDO Sliced salami, sliced provolone, shredded lettuce, diced tomatoes, sliced red onion, housemade Italian peppers, mayonnaise and Dijon mustard on a country baguette · add avocado \$2.49	\$14.99

HOT SANDWICHES

11:30AM – 2:30PM

PHILLY CHEESESTEAK Thinly sliced sirloin, sautéed onions, red peppers, green peppers, melted mozzarella and provolone cheeses served with French fries on a demi baguette	\$14.99	HAM AND GRUYÈRE PANINI Black forest ham, gruyère cheese, mayonnaise, dijon mustard, and mornay sauce served with housemade apple coleslaw or potato salad	\$13.99
BIGWOOD REUBEN Thinly sliced pastrami, swiss cheese, sauerkraut, and BWB creamy Russian dressing on rye served with housemade apple coleslaw or potato salad	\$14.49	GRILLED CHICKEN PANINI Grilled chicken, swiss cheese, lettuce, tomatoes, red onion, and mayonnaise served with housemade apple coleslaw or potato salad	\$13.99
TOMATO, BASIL, AND MOZZARELLA PANINI Tomatoes, basil, and fresh mozzarella with pesto and balsamic vinegar reduction on focaccia served with housemade apple coleslaw or potato salad · add grilled chicken \$4.49	\$13.49	THE BEAST Half-pound grilled pastrami, melted swiss cheese, fried onion strips, fresh cilantro, thinly sliced pickles, and chipotle mayonnaise served with french fries on a demi baguette	\$15.99
SOUTHERN FRIED CHICKEN SANDWICH Fried chicken breast with provolone cheese, honey siracha sauce, shaved pickles, shredded cabbage, tomato, and mayo served with French fries	\$14.49	GROWN-UP GRILLED CHEESE Gouda cheese, tomatoes, arugula, mornay sauce and avocado on BWB multigrain bread. Served with housemade coleslaw or potato salad · add bacon \$2.49	\$13.99

SALADS

11:30AM – 2:30PM

Option to sub chicken with tofu · Add salmon \$5.99

CILANTRO LIME SALAD * Grilled chicken, romaine lettuce, corn salsa (corn, green onion, and roasted red pepper mix), jicama, queso fresco, avocado, and corn tortilla strips dressed with cilantro lime dressing	\$15.99	COBB SALAD * Romaine lettuce, chopped grilled chicken, diced tomatoes, hard-boiled egg, bacon, and bleu cheese crumbles with choice of dressing	\$15.99
EAST AVE ARUGULA * Seasoned diced chicken, arugula, crispy sweet potatoes, caramelized pecans, goat cheese and chopped bacon dressed with balsamic dressing	\$15.99	KALE AND QUINOA SALAD * Kale, quinoa, roasted golden beets, pumpkin seeds, and dried currants tossed with apricot vinaigrette dressing · add tofu or grilled chicken \$4.49 · add salmon \$6.99	\$13.49
ASIAN CHICKEN SALAD Grilled chicken, romaine lettuce, green cabbage, green onion, mandarin oranges, carrots, diced almonds, and fried won-tons dressed with honey sesame dressing	\$15.99	SPICY THAI NOODLE SALAD Linguine noodles with marinated chicken, Napa cabbage, red cabbage, red peppers, cilantro, peanuts and sesame seeds tossed with our BWB spicy Thai dressing and topped with crispy wontons <i>NOTE: This item cannot be modified</i>	\$15.99
FRIED BBQ CHICKEN Fried chicken bites tossed with our housemade BBQ sauce, romaine lettuce, cucumber, red onion, roasted corn, diced tomato, shredded mozzarella, black beans, sliced avocado and thin sliced fried onions dressed with ranch dressing and drizzled with BBQ sauce	\$15.99		

* — Ingredients in this item are gluten free however items are prepared in a Non gluten free environment

BWB — Bigwood Bread

All menu items are prepared daily by our chefs in house.

Consuming raw or undercooked meats, poultry, seafood shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

SOUPS

11:30AM – 2:30PM

All soups are made daily with the freshest ingredients
Served with daily fresh-baked bread

DAILY SOUP	Cup \$5.99 / Bowl \$7.99 / Quart \$18.99
CHILI	Cup \$6.99 / Bowl \$8.99 / Quart \$19.99